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GOVERNOR • STATE OF OHIO

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FIRST LADY KAREN W. KASICH PRESENTS COMMENDATION TO SCHOOL NURSE FOR CONTRIBUTIONS TO STUDENTS' HEALTH AND FITNESS

SPRINGFIELD, OH – First Lady Karen Waldbillig Kasich today presented Nikki Elliot Harper, school nurse at Reid Elementary and Middle School in Springfield, with a commendation recognizing her outstanding contributions to students' health and fitness.

Harper is the founder of the Fitness Kids program at Reid, where students meet as a group after school to discuss healthy lifestyles. The students also receive a membership to a local fitness club and exercise as a group.

“The Governor and I would like to commend you for your personal commitment to the health of your students,” said Mrs. Kasich at the presentation. “You have dedicated yourself to mentoring students in both fitness and nutrition, and helping students get a better start to the rest of their lives. Oh behalf of the state of Ohio, thank you for all that you do.”

The commendation was presented prior to a 5k run in Springfield sponsored by “Regis and Kelly’s Run Across America with Dean Karnazes,” a 12-week, coast-to-coast challenge in which Karnazes will run 3,000 miles to inspire Americans to get active. Mrs. Kasich participated in the 5k run alongside Karnazes and 130 students, as well as 130 members of the Springfield community.

The cross country challenge benefits Action for Healthy Kids, a national nonprofit fighting childhood obesity and undernourishment.

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